



# SAINT ANDREW'S EPISCOPAL CHURCH

## The MESSENGER

February 19, 2010

www.st-andrew.com

Volume 30, Number 7

### *The First Sunday in Lent February 21, 2010*

- 8:00 a.m.**  
Holy Communion
- 9:00 a.m.**  
Morning Prayer\*
- 9:00 a.m.**  
Preschool & K Sunday School\*
- 9:15 a.m.**  
Preschool & K Chapel\*
- 9:40 a.m.**  
Grades 1-5 Sunday School\*
- 10:15 a.m.**  
Youth Confirmation Class (6<sup>th</sup> Grades)\*
- 10:15 a.m.**  
Middle School & High School Program\* (7<sup>th</sup>-12<sup>th</sup> Grades)
- 10:15 a.m.**  
S.H.A.P.E. #3 "Hearing My Heartbeat"-Adult Education\*
- 11:15 a.m.**  
Morning Prayer/  
Holy Communion\*
- 6:30 p.m.**  
Guys' Sunday Night Fellowship, Grades 7-12

\*Nursery Provided

#### **Sunday Scriptures**

Deuteronomy 26:(1-4), 5-11  
Romans 10:(5-8a), 8b-13  
Luke 4:1-13  
Psalm 91, 91:9-15

## Lent as the Mirror of the Soul

By the Rev'd Dr. R. William Dickson

This past Sunday Suzanne Hearn continued her *Transforming Word* series with a deeply moving reflection upon the principal themes of Lent. While every word uttered spoke with rare insight to the very heart of the season and its themes, I was particularly touched by one connection she made.

She presented us with an image of Picasso's famous painting *Girl Before a Mirror* and explored how Lent presents us with our own issues of self-presentation, self-awareness, self-deception, and all those matters which pertain to honesty and authenticity and our difficulties with both.

Lent is the season to put away our masks, our pretenses and to face up to the oftentimes ugly and painful realities about ourselves. Lent is the season to spend some time looking into matters we normally prefer to hide from ourselves and others. Lent is our mirror of the soul.

I invite you to a Holy Lent. I invite us all to enter into its disciplines this year with a willingness to embrace a penetrating self-examination and repentance.

*Therefore put away all filthiness and rampant wickedness and receive with meekness the implanted word, which is able to save your souls. But be doers of the word, and not hearers only, deceiving yourselves. For if anyone is a hearer of the*



*word and not a doer, he is like a man who looks intently at his natural face in a mirror. For he looks at himself and goes away and at once forgets what he was like. But the one who looks into the perfect law, the law of liberty, and perseveres, being no hearer who forgets but a doer who acts, he will be blessed in his doing.* (James 1:21-2)

Please make our Wednesday Lenten Series an aspect of your discipline this year.

**February 17<sup>th</sup> Ash Wednesday Services** will be at **7 a.m., Noon (with Bishop Iker), and 7 p.m.**

The remaining Wednesdays of Lent will begin with an **organ recital at 11:30 followed by a Noonday Service** and homily by guest preachers. Please mark them down on your calendars.

- ◆ **February 24<sup>th</sup>**  
The Rev. Dr. Joseph "Skip" Ryan
- ◆ **March 3<sup>rd</sup>**  
The Rev. David Houk
- ◆ **March 10<sup>th</sup>**  
Mr. William Murchison
- ◆ **March 17<sup>th</sup>**  
Mr. John Perkins
- ◆ **March 24<sup>th</sup>**  
The Rev. Canon Neal Michell



## The "CALL Center": S.H.A.P.E. and Beyond

The current Adult Education class, **S.H.A.P.E.: Finding and Fulfilling Your Life's Purpose**, is designed to help us see God's hand and purpose in our own creation, by leading us through a process of discovering our calling and the way God has designed and equipped us uniquely to fulfill it. The S.H.A.P.E. class is part of a larger effort to carry out St. Andrew's mission statement, "... to equip and empower every member for ministry and to spread God's Kingdom through charitable, righteous works locally and globally".

Still a "work in progress", the idea of the "**CALL Center**" is beginning to take shape as a focal point for parishioners to engage in personal ministry – 1) to assist in the discovery of our God-ordained calling, and then 2) to link parishioners with opportunities to fulfill that calling. The tool we're using to aid the discovery process is the **S.H.A.P.E.** course, which runs through March 14<sup>th</sup>. The second focus of the CALL Center -- the work of linking parishioners with serving opportunities -- begins before the final session and will continue after its conclusion to provide and maintain information about serving opportunities.

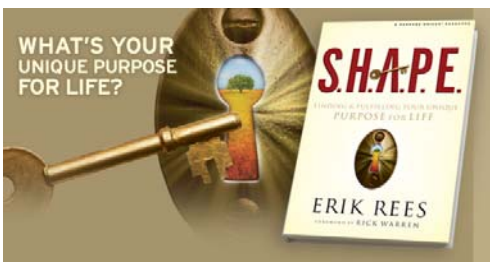
To aid S.H.A.P.E. participants in locating and trying out serving opportunities, we are compiling a "Ministry Information Guide" to include descriptions of serving opportunities within and beyond St. Andrew's. The Guide will eventually include a great variety of venues for

service, such as with Ministry & Mission Committee Ministry Partners, area nonprofits, and the many diverse opportunities within St. Andrew's itself. At a later point, we expect the Guide to be available and accessible via the Parish website. But for now, we'll be using a notebook of ministry information for S.H.A.P.E. class participants.

As we consider possible ways to try out our "SHAPE", we recognize the *myriad* kinds of settings and service that may fit individuals; for 100 individuals, there might be *100 different ways of serving*. The serving opportunities parishioners are drawn to this year may evolve into quite different settings another year, as their circumstances change and as they encounter new opportunities and enter new life stages. So here's our working definition of calling, as we look ahead to trying out our "S.H.A.P.E." profiles:

*Fulfilling my calling can be any work or activity that represents 1) my personal response to God's call to love and serve Him and 2) my unique contribution to Kingdom work, according to the special way He has designed and equipped me (that is, my spiritual gifts, heart/passion, abilities, personality and experiences).*

Join us this **Sunday, February 21<sup>st</sup>, at 10:10 in Moncrief Hall** as we continue with **S.H.A.P.E. 3, "Hearing My Heartbeat"**.



### The Shape Class

*Finding and Fulfilling Your Unique Purpose for Life*

We have completed Sessions 1 and 2 of "S.H.A.P.E: Finding and Fulfilling Your Unique Purpose for Life", with 13 table Discussion Leaders and their participants working through the Study Guide and viewing the DVD presentations. If you're interested in joining this class (just a few spots left), please email Nancy Komatsu at [nkomatsu@st-andrew.com](mailto:nkomatsu@st-andrew.com), or call Carol King at 817.581.4868. Or, you are welcome to just visit or sit in during any of the four remaining sessions.

(Just check in at 10:10 at the sign-in table at the back of Moncrief Hall.)

Our remaining sessions are:

- **February 21st , Session 3**  
"Hearing My Heartbeat"
- **February 28th, Session 4**  
"Discovering My Natural Abilities"
- **March 7th, Session 5**  
"Recognizing My Personality"
- **March 14th, Session 6**  
"Understanding My Experiences"

For those not able to participate in the class, the S.H.A.P.E. companion book is available at the Gift Shop for \$10. We look forward to continuing this special parish learning experience of discovering the unique calling and gifts God has designed in each of us.



## ANGLICAN WITNESS

By the Dean Emeritus of South Carolina and the Bishop of South Carolina

*Members of St. Andrew's Parish know by now something of my vocational background and curriculum vitae -- as well as my personal collegiality over several years with St. Andrew's distinguished Rector -- which led me in "retirement" to serve part-time here in a capacity that is intentionally "inter-jurisdictional" and transcends current "denominational" identities (in particular TEC and ACNA).*

*In fact, my entire ministry since ordination has been cross-jurisdictional and my assignments and preferments have entailed several transfers back and forth between the Ecclesiastical Provinces of Canterbury, Canada, and the United States. It has, I believe, been part of the providential purpose of the Lord of the Church Himself that my own ordained ministry should be a kind of witness to the historic integrity of Anglican Christianity as something quite other than either "denominational" or "congregational".*

*In other words, Anglican doctrine affirms that it is through historic and ecclesial continuity that the Lord's sovereign Headship over His One, Holy, Catholic and Apostolic Church -- Global but **not** Papal, Protestant but **not** Puritan -- trumps both local and national*

*institutional power plays. It is the biblically faithful apostolate of the Diocesan Bishop, together with the parishes and missions in communion around him and in ecclesial and collegial relationship with other Sees -- under God and "in Christ" the Word -- that constitutes Ecclesiastical Authority. Whenever this ecclesiology is threatened, whether doctrinally, spiritually, or politically -- whether at the denominational or the congregational level -- faithful Anglicans must take a stand. Such a stand is now being taken by the Bishop of South Carolina.*

*Four decades of an itinerant vocation have placed me in a position not only to witness to what it means to be an Anglican personally but also to be a kind of liaison with a number of bishops and others in the Church of England (and throughout the Anglican Communion) even as I "commute" between Fort Worth and Charleston. In order to keep parishioners of St. Andrew's abreast of this aspect of my current "calling" the Messenger is here publishing a somewhat editorially adapted text of last week's "bombshell" letter by the Bishop of South Carolina in response to threats from the Office of the Presiding Bishop of The Episcopal Church.*



My dear Brothers and Sisters in Christ,

Greetings in the strong name of Jesus Christ whose word calls us to conduct ourselves becomingly as in the day.

The Chancellor of the Diocese of South Carolina, Wade Logan, Esq., was informed in December of 2009 that a local attorney had been retained by the Chancellor of the Presiding Bishop to "represent The Episcopal Church in some 'local matters'." Then, beginning in January of 2010, a series of letters requesting various documents from our diocesan records were sent sequentially to our chancellor, leading us to believe that perhaps the Presiding Bishop's Chancellor, if not the Presiding Bishop herself, is seeking to build a case against the Ecclesiastical Authorities of the Diocese (Bishop and Standing Committee) and some of our parishes. These requests seek from the Diocese of South Carolina, as well as about certain parishes: lists of all persons ordained since October 24, 2009; all parish bylaws and amendments since 2006; all Standing Committee Minutes since the episcopacy of Bishop Edward Salmon; parish charters, parish founding documents, parish deeds, parish mortgages, documents evidencing parish participation in diocesan programs and others. In some cases, the stated reason for the information requested is the assertion that these parishes have "left" the Diocese of South Carolina because of changes made to their respective bylaws. However, these parishes have not made these changes with the intention of leaving the Diocese of South Carolina, nor have they left. I have been working with their clergy and lay leaders to find appropriate ways to resolve their struggles with the recent decisions of the General Convention of The Episcopal Church in ways consistent with the Holy Scriptures, our common life and fellowship in Christ, as well as with the canons of the Church and the laws of the State of South Carolina.

As I have mentioned on more than one occasion, The Episcopal Diocese of South Carolina and many of its parishes have an established history predating that of The Episcopal Church. This Diocese was one of the founding members of the Protestant Episcopal Church in the United States. As the Bishop elected by the Convention of this Diocese, duly consented to and consecrated in accordance with historic precedent and polity, I am the only bishop with canonical jurisdiction here. Thus the Standing Committee and I believe this action on the part of the Presiding Bishop of The Episcopal Church's

Chancellor is an unjust intrusion into the spiritual and jurisdictional affairs of this sovereign diocese of The Episcopal Church. This provocative interference has been pursued without the Presiding Bishop having communicated with me in a manner consistent with the Constitution of The Episcopal Church and the historical polity of this Church.

Among the many concerns that this action raises, is the apparent trajectory of the Presiding Bishop's Office to extend powers not attendant with the office, which are unprecedented and contrary to the polity of The Protestant Episcopal Church of the United States of America. One example, which may be cited from the very letters that our chancellor has received, is that the "local attorney" held himself out as "South Carolina counsel for The Episcopal Church". He may be an attorney retained by the Chancellor for the Presiding Bishop, but it is hardly accurate in regards to the polity of this Church to claim to be an attorney of The Episcopal Church, as if the parishes, Standing Committee and Bishop of South Carolina are somehow something other than The Episcopal Church, much less to suggest he is "South Carolina counsel for the Episcopal Church." Therefore, in order for the Bishop, Standing Committee and Diocese to adequately consider a response to this unprecedented incursion into the affairs of the Diocese of South Carolina, the Standing Committee and I have deemed it necessary to move the 219<sup>th</sup> Annual Meeting of the Convention to March 26.

This is not a time for precipitous action; nor is it a time for our congregations or members to strike out in unilateral directions destructive to the common life and witness God has called us to make in the world and the Church. As St Paul encouraged the early Christians in Rome, it is a time to awake, to put on the armor of light, and to conduct ourselves becomingly as in the day.

There is much to be done regarding these challenges to our diocesan life and authority; and while it would be natural to allow these concerns to capture our attention, brothers and sisters, I refuse to allow it to consume all my energy or time, and I implore you through the mercies of Christ, do not let these ecclesiastical struggles keep us from proclaiming the Good News of Jesus Christ in the power of the Holy Spirit. Our vision to make Biblical Anglicans for a global age has never been more crucial than it is at this time in our world, our nation and our diocese.

To the only wise God be glory for evermore through Jesus Christ,  
Faithfully yours,  
(The Rt. Rev.) Mark Joseph Lawrence

**Women of St. Andrew's Ministries'  
Book Review & Luncheon Fundraiser**



**"Everything I Ever  
Needed To Know I  
Learned From a  
Children's Book"**

*Edited by Anita Silva*

**Presentation by  
Rosemary Rumbley**

**Tuesday, March 2, 2010**

**10:30 a.m.**

**in Moncrief Hall**

**\$18 per person**

For tickets and information, please contact:

Anne Biegel 817-835-0207, Martha Dowling 817-731-1759

Pam Rhoads 817-294-5748 or Mary Mayer 817-294-9935

*Proceeds to benefit:*

*All Church Home, Grace Guild, Union Gospel Mission &  
Victory Temple*

Rosemary Rumbley could be described as a Renaissance Woman. She is a humorist, teacher, actress, historian, journalist, author... and she holds a doctorate in communications and is a secret agent of Homeland Security (O.K., she made that last one up.)

Her published books include such page-turners as *Dear Santa-Thanks for the Piano; The Unauthorized History of Dallas; Dallas, Too;* and *What? No Chili: Meet Hot Shot and Visit Food Festivals over Texas.* Talk about range! Rosemary is a much beloved and frequent guest speaker at St. Andrew's, and is also well known throughout the metroplex. She will be reviewing "Everything I Ever Wanted To Know I Learned From a Children's Book" by Anita Silvey.

Ms. Silvey says of her book:

"The moment Lauren Wohl of Roaring Brook Press suggested the title, I felt a chill running down my spine. She had just summed up in one phrase the work of my lifetime. Early in my career, I started asking anyone I met (at cocktail parties, dinners, even in cabs and elevators) about the books they read as a child. A universal ice breaker, this question often elicited smiles and fond memories.

However, for my new book, I talked to people that I would not ordinarily meet -- about 110 leaders of society in a variety of fields such as science, arts, politics, sports, or journalism. To them I posed a more serious question: "What children's book changed your life in a profound way?"

As I conducted interviews with Pete Seeger, Andrew Wyeth, Steve Forbes, Julianne Moore, Peter Lynch, and Kirk Douglas, I realized that I possess far too little faith in the power of children's books. What these icons read as children shaped them as adults -- in amazing ways. Some recalled a character with fondness; some became attracted to a location or country because of a book. Some have remembered a single line from a book for decades. Many chose careers because of a children's book. Many found a personal, social, or political philosophy that has sustained them for decades.

Not only do those who write children's books affect young people, but those who put books in children's hands have just as much influence. Most of my contributors link a particular book to the person who shared it with them.

"Everything I Need to Know I Learned from a Children's Book" is, in fact, dedicated to the women and men who have

created, published, taught about, promoted and championed children's books over the years. They have made it possible for our children to find the right book at the right time."

The author of *100 Best Books for Children* and *500 Great Books for Teens* Anita Silvey has devoted 35 years to promoting books that will turn the young -- and families -- into readers. To do this she has appeared frequently on NPR, "The Today Show," "60 Minutes," and radio programs in the United States and Canada to talk about books for children and teenagers. As *Publisher's Weekly* has said "It would be hard to find a more authoritative voice than Anita Silvey."

As a publisher of children's books for Houghton Mifflin Company from 1995-2001, she oversaw all the children's book and young adult publishing for both the Houghton and Clarion lists, including such well-known authors and illustrators as H. A. and Margaret Rey, Virginia Lee Burton, David Macaulay, Lois Lowry, Allen Say, David Wiesner, Karen Cushman, Linda Sue Park, and Chris Van Allsburg.

In a unique career in the children's book field, Ms. Silvey has divided her time equally between publishing and evaluating children's books. But her lifelong conviction that "only the very best of anything can be good enough for the young" forms the cornerstone of all of her work. Prior to her role as publisher, Ms. Silvey served for eleven years as Editor-in-Chief of *The Horn Book Magazine*, a publication many call "the Bible of children's literature." As Editor of *Horn Book*, she read several thousand books a year, hunting for those of exceptional quality that children return to again and again.

Ms. Silvey is the editor of *Children's Books and Their Creators*, an overview of 20th century children's books. As she says in this volume, "Life is a banquet and most of us starve," when it comes to knowledge about books for young readers. Sharing her passion and enthusiasm, she gives guidance and background for those trying to find the best books to give to the young. Little Brown published her selection of short stories for young adults, *Help Wanted*. Houghton Mifflin published *The Essential Guide to Children's Books and Their Creators* in 2002, *100 Best Books for Children* in 2004, and *500 Great Books for Teens* in 2006. In 2008 Clarion books published her first book written for children, *I'll Pass for Your Comrade: Women Soldiers in the Civil War*.



**Friday, February 19 6:00 – 9:30p.m.**  
**Saturday February 20 8:15a.m. – 12:30 p.m.**

**GOING BEYOND**

**featuring Priscilla Shirer**

**A LifeWay Women's Event**

**McKinney Memorial Bible Church**

**Cost: \$45 per person**

**Registration: [www.lifeway.com/goingbeyond](http://www.lifeway.com/goingbeyond)  
or 800-254-2022**

**For more information: Martha Dowling  
817-731-1759 [marthajdowling@hotmail.com](mailto:marthajdowling@hotmail.com)  
Marsland Moncrief 817-717-1025  
[mmoncrief@st-andrew.com](mailto:mmoncrief@st-andrew.com)**

# Notes from the Bench

## Did Women Write Hymns?

By Ms Candace Bawcombe, Organist/Choirmaster



Mrs. Alexander's contribution to Anglican Hymnody. Last week's article touched on several women's names found in the 1940 Hymnal. This week I will focus on my personal favorite, Mrs. Alexander. After all, who does not love the hymn, "All things bright and beautiful?"

Cecil Frances  
Humphreys

Alexander (Early April 1818, Dublin – 12 October 1895<sup>[1]</sup>), was a hymn-writer and poetess.

She was born in Dublin, the daughter of Major John Humphreys and

Elizabeth (née Reed). She began writing verse in her childhood. Her religious work was strongly influenced by her contacts with the Oxford Movement and in particular with John Keble, who edited one of her anthologies. By the 1840s she was already known as a hymn writer and her compositions were soon included in Church of Ireland hymnbooks.

Her book, *Hymns for Little Children*, reached its 69th edition before the close of the nineteenth century. Some of her hymns, e.g. "All Things Bright and Beautiful", "There is a Green Hill Far Away" and the Christmas carol "Once in Royal David's City", are known by many millions of Christians the world over, as is her translation of the Lorica of St. Patrick.

In Strabane in October 1850 she married the Anglican clergyman William Alexander, afterwards Bishop of Derry and Archbishop of Armagh, the Anglican primate for Ireland. Her husband also wrote several books of poetry, of which the best known is *St. Augustine's Holiday and other Poems*.

She was also involved in charitable work. Money from her first publications had helped build the Derry and Raphoe Diocesan Institution for the Deaf and Dumb, which was founded in 1846 in Strabane with the help of her sister. The profits from "Hymns for Little Children" were donated to this school which Mrs. Alexander set up, the Girls' Friendly Society in Londonderry.

Alexander's husband was William Alexander, bishop of Derry and Raphoe, and later the Anglican primate for Ireland. Cecil and her sister founded a school for the deaf, and she set

up the Girls' Friendly Society in Londonderry. Cecil Alexander wrote about 400 hymns in her lifetime. Her works include:

- ◆ *Verses from the Holy Scriptures*, 1846
- ◆ *Hymns for Little Children*, 1848
- ◆ *Narrative Hymns for Village Schools*, 1853
- ◆ *Poems on Subjects in the Old Testament*, 1854 & 1857
- ◆ *Hymns Descriptive and Devotional*, 1858
- ◆ *The Legend of the Golden Prayer*, 1859

### Hymns

1. All Things Bright and Beautiful
2. The Angels Stand Around Thy Throne
3. Dear Lord, This Thy Servant's Day
4. Do No Sinful Action
5. Christ Has Ascended Up Again
6. The Eternal Gates Lift Up Their Heads,  
The Golden Gates Are Lifted Up
7. Every Morning the Red Sun
8. For All Thy Saints, a Noble Throng
9. Forgive Them, O My Father
10. Forsaken Once, and Thrice Denied
11. From Out the Cloud of Amber Light
12. He Is Coming, He Is Coming
13. He Is Risen
14. His Are the Thousand Sparkling Rills
15. How Good Is the Almighty God
16. In Nazareth in Olden Times
17. In the Rich Man's Garden
18. It Was Early in the Morning
19. Jesus Calls Us
20. O Love Most Patient, Give Me Grace
21. Once in Royal David's City
22. The Roseate Hues of Early Dawn
23. The Saints of God Are Holy Men
24. Saw You Never, in the Twilight?
25. So Be It, Lord; the Prayers are Prayed
26. Souls in Death and Darkness Lying
27. Spirit of God, That Moved of Old
28. St. Patrick's Breastplate
29. Still Bright and Blue Doth Jordan Flow
30. There Is a Green Hill Far Away
31. There Is One Way
32. Up in Heaven
33. We Are But Little Children Weak  
O Lord, the Holy Innocents
34. We Are Little Christian Children
35. We Were Washed in Holy Water
36. When Christ Came Down on Earth of Old  
O Son of God, in Glory Crowned
37. When of Old the Jewish Mothers
38. When Wounded Sore the Stricken Heart
39. Within the Churchyard, Side by Side



## Lent for our Children

How the weeks get by! Not many weeks ago we were singing Christmas carols on a snowy Christmas weekend.... and now, having just passed a snowy Valentine's weekend, we are launching full-force into the season of Lent. This can be such a meaningful season for all of us, from the youngest tots on up, if we **make time** and **take time** for a few simple disciplines and special practices, and ask God Himself to help us grow to love Him more during this season. In a nutshell, Lent is all about realizing, in a new and deeper way, what an incredible God we have, and how unfathomable His love is for each one of us, and for His entire creation. No love story in all of time or history can hold an infinitesimal candle to God's Amazing Love Story. We can never completely understand it, this side of heaven, but we can accept it, with lives of gratitude, thanksgiving, and "thanksgiving" and share this amazing story with others, thus honoring our Lord in the process.

Thus, our children's Lenten theme this year is titled **"Encounters with the Savior...God's Amazing Love Story."** Each week during the next forty days, we'll take a look at a person (or persons) who had an encounter with Jesus, and see how their various lives were affected by being firsthand with the Lord. If we're honest, we'll find ourselves – sometimes "for good, sometimes for bad," – in these people. We'll also be doing some topical Lenten studies and some curricular studies, and we'll be taking time to look at the great and important days which fall during Lent. It is going to be a most wonderful season!

On the Sundays in Lent, we'll be sending home various "notes to parents" and other printed materials, as well as some Lenten family devotional and activity booklets. These materials will have suggestions which are very simple and doable. Why not make a resolve to do just a couple of these things, however simple, during this season?

In the next week or so, I shall also be announcing the recipient of our Lenten mite box offering this year. The mite box tradition goes back a long way in this parish, as it does in many churches. Also, I will be announcing where we will be doing our Easter outreach project.... i.e., where we will be providing an Easter egg hunt, picnic, crafts, songs, and games on the Saturday after Easter. This is always a most wonderful occasion!

So, all aboard, as we launch into Lent 2010! May God bless each of you, your children, and your entire family during these forty days. His love for us truly is amazing!

## Lenten Terms

**Septuagesima – approximately 70 days before Easter.** (This is approximate, since our weeks consist of 7, not 10 days). This Sunday is the Third Sunday before Lent in the 1928 Prayer Book.

**Sexagesima- approximately 60 days before Easter.** (Again, this is an approximate number of days.) This is the Second Sunday before Lent in the 1928 Prayer Book.

**Quinquagesima – approximately 50 days before Easter.** (This is the Sunday Next Before Lent in the 1928 Prayer Book). Lent is a season of six weeks (basically 40 days) but begins in **the middle of the week, on Ash Wednesday.** Also, each Sunday in Lent is a "little Easter" (celebrating the joyous day of Jesus' resurrection), so in more rigid, technical, and "exact" terms, is within the season of Lent, but not a complete part of it, since Sundays always point to the resurrection. However, most churches nowadays observe Sundays in Lent, as well as weekdays, as penitential days. The 4<sup>th</sup> Sunday in Lent, however, is called "Mid-Lent Sunday" or "Refreshment Sunday," when special refreshments are appropriate. I shall write more about this, however, as this date approaches.

**Shrove Tuesday** - An old, old word for the Tuesday before Ash Wednesday. In medieval times, priests in villages would ring a "shriving bell," and villagers would come to make their confessions before the priest. He would then "shrive" (or absolve) the people of their sins, so that they could start the Lenten season with a clean slate. Eventually the word became "shrove" (the past tense of shrive), signifying the confession and absolution of sins which priests performed before the start of Lent.

**Mardi Gras:** This day is the same as Shrove Tuesday, the day before Ash Wednesday. Mardi Gras is French for "Fat Tuesday." Hundreds of years ago, people observed very strict fasts during Lent, and Fat Tuesday was a day to get rid of all the eggs, butter, and lard (the "fat") in the house, in preparation for the Lenten fast. Thus, the origin of pancake suppers on Mardi Gras, or Shrove Tuesday! Mardi Gras also denotes all sorts of carefree celebrating which goes on in many quarters on this day.

**Carnival:** In Latin, this word has two meanings: "solace of the flesh" and "farewell to meat." "Carnival" is celebrated in some cities (as we all know) with great partying and sometimes fairly reckless celebrations, in preparation for the strict disciplines of Lent, which include the giving up of meat (on at least some of the days of the season). It also includes the idea of "at least a partial farewell to various worldly pleasures, activities, and entertainment," during Lent, in pursuit of spiritual discipline and growth. But "carnivals" in churches today simply denote good, wholesome fun before the serious and penitential season of Lent begins.

**Ash Wednesday:** This day and Good Friday are the most solemn days of the church year. They are days of penitence and fasting and serious thought about our mortality and about Christ's ultimate sacrifice for us. Thousands of churches around the globe have special services on Ash Wednesday, usually with Communion and the imposition of ashes on the forehead, for those who desire, denoting repentance for sins and the sure knowledge that our days on this earth are limited. "Remember, O man, that dust thou art, and to dust thou shalt return."

# Senior Adult Ministry

By Rita Palm

## Events:

**S.H.A.P.E.** continues **Sunday, February 21<sup>st</sup>**. Be sure to read the third chapter "Heart" in the text book for preparation. If you want to refresh the study do what you can in Lesson 3 and review the previous two lessons.

**Computer classes with Senior Net begin March 8<sup>th</sup>** for beginners and other courses start for eight weeks on **March 15<sup>th</sup>**. Call Dorothy Reid (817/246-1581) for registration or more information.

**Fitness at the Thomas Recreation Center** on Lafayette continues on Mondays at 2:30 and Wed. at 11:00. Classes are for men and women. Yoga is on Wednesdays at 2:30 PM. All classes are for about forty-five minutes and there is no charge except for the one time recreation fee for \$5.00, if paid by March 1<sup>st</sup>.

**Texas Health Resources has their annual seminar** at Will Rogers on **Tuesday, February 16<sup>th</sup>** from 9:00-3:30 PM lunch is included with the \$40. fee. The subjects this year are end of life, grief, and dying.

**Ash Wednesday** is Wednesday, February 17, 2010.

**March 24-March 27<sup>th</sup> senior trip to Charleston, Beaufort, and Savannah.**

Thanks to all those who have volunteered to give rides to the airport at the early hour of 6:15 a.m. All monies should be in to the church.



**A New Trip is scheduled** for a one day visit to Homestead Village. Entry fee is \$5.00 per person. Lunch menu is varied and averages \$10.00 with drink and tip. MORE to come.



## Visiting Family Members or Friends?

Recently featured in the Austin American Statesman was an article about spending time with senior family members or friends. The article highlighted that if you don't visit them regularly, it

can be hard to know how to best look out for their well-being.

## Things to look for:

Dehydration is one of the big causes of elderly persons falling ill. Are they staying hydrated? Have they had a significant weight loss? Are they eating nutritiously? If Aunt Susie used to have cookies and was always a hostess, has she lost interest in her guests or herself?

Has their hygiene slipped? Are they wearing soiled clothes, or wearing the same clothes day to day?

Are they taking their prescribed medications?

Are they isolating themselves?

Have they changed significantly since the last time you saw them? For example, could they play cards last Thanksgiving, but now can't remember the rules?

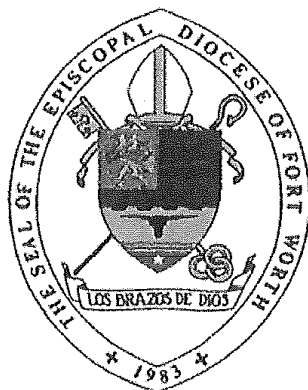
## Communication Tips:

When visiting you should put all your electronics away.

Be respectful, and do not treat your loved one like a child. Remember and appreciate the full and productive lives they have had.

A good way to start a conversation about something that concerns you is to use examples. If you are worried about your parents falling prey to Internet scams, tell them about a friend's mom who got one of those Canadian lottery emails. This will help make your parents feel more comfortable about bringing up something that has happened to them.

Is it time to have a difficult conversation, such as asking a parent to stop driving or to move to assisted living or to move in with you? Emphasize how the change would help you and help them maintain their dignity. Dramatic confrontations can make seniors feel fearful or confused, and as though they have lost control of their lives. If they all is being taken away from them immediately, then it is just going to be a battle. When you feel you need more information, please ask professionals for suggestions.



God willing and the people consenting

The Right Reverend Jack Leo Iker  
Third Bishop of the Diocese of Fort Worth

will ordain  
Andrew Snider Petta

to the Sacred Order of Deacons  
in Christ's One Holy Catholic and Apostolic Church

on Saturday, the Twentieth of February  
Two thousand and ten  
at ten o'clock in the morning

Saint Andrew's Episcopal Church  
917 Lamar Street  
Fort Worth, Texas 76102

Your presence and prayers are requested

Reception to follow

Clergy: white stoles



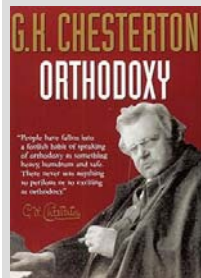
## VALENTINE HEARTS LEAN TOWARD LENT

The Lending Library at St. Andrew's is "Breaking Free" of the crowded shelves and "Shaping" itself for Lent. What a great time to read a book, listen to a tape, or watch a video from the library! Our much appreciated volunteers, Harold Knight, John Schimmel, and Mary Weber, are faithful to help out on Tuesdays from 10 am to 2 pm. Come join us!

We have begun working on the Fiction area, which has F and the first three letters of the author's last name on the spine label. We are also working on the Biography section, which has B and the first three letters of the famous person's last name. At the same time we have begun work on the 200's. The 200's will probably be the largest section in our library, as it is in most church libraries. The 200's are the books about religion, including commentaries, dictionaries, study guides, and of course Bibles.

I am especially thankful that the Treasurer, Field Lange, mentioned the library in his presentation. I hope everyone will take the opportunity to come by the library and check something out for Lent. We are making progress toward becoming automated, but we are along way from the finish line. Hopefully someday we will have a place for everything and everything in its place!

**LIFE LONG LEARNERS  
LOVE THE LENDING LIBRARY!**



### Next "Great Books"

With

Dean William McKeachie, Bob Grable  
Alann Sampson, and Dr. Bill Dickson

### *Orthodoxy*

By G.K. Chesterton

Books are in the Gift Shop this week.

**Next Meeting**

**Tuesday, February 23, 2010 at 6:30 p.m.**

Koslow Library

Dinner & Discussion



## ***St. Andrew's Blood Donors come through again!***

Thanks to all who answered the call! We appreciate those who braved winter weather and overcame their inner fears to give blood at the Blood Drive on Sunday, February 7th. Your gift to Carter Blood Care is received gratefully by those whose very lives depend on your donations!

## The Gift/Book Shop

**Wednesday 11:00—12:00 & 1:00—2:00 p.m.**

**Sundays ~ 10:15—11:30 a.m.**

### Spring Fever

Our new wall crosses and small boxes studded with turquoise, Austrian crystals and pearls have arrived.

The crosses are so beautiful and unusual that you will want several for gifts and your home. Consider them for wedding, confirmation, baptism, Mother's Day and graduation gifts.

The small boxes covered with seed pearls and an Austrian crystal are perfect for presenting that small gift - perhaps an engagement ring! It is something that you will want to keep for ever.

We also have perfume bottles for your dressing table. Please come by to see them.

Do you have a wandering dog or cat? Well, we have Saint Francis pet tags that will guard them when they stray. Some of them have a prayer engraved on the back for protection. You can choose one for your dog and one for your cat. I know your pets will be happy to wear them!



**Men's Group Sponsoring  
"Soles4Souls"  
for Survivors in Haiti  
by Dennis Ward**

Don't forget the need for "gently worn" shoes for men, women and children of all ages (no holes, separated soles or missing laces.) **Bring your donated shoes to St. Andrew's between now and February 28<sup>th</sup>.** We will have collection bins located at various places in Ryan House to receive your donations of shoes through Sunday, February 28<sup>th</sup>. Our collection will be delivered the following week to the drop off point. For more information, please contact me, Dennis Ward, at 817-832-7433, or [denniswardfinancial@gmail.com](mailto:denniswardfinancial@gmail.com).

## THIS WEEK IN THE PARISH

### Weekly Worship Schedule

#### Tuesday

10:00 a.m. Holy Communion

#### Thursday

7:00 a.m. Holy Communion

### Daily Schedule

#### Monday, February 22

12:00 p.m. Don Anderson Bible Study,  
*Moncrief*

#### Tuesday, February 23

6:45 a.m. Men's Bible Study, *Koslow*  
1:30 p.m. Staff Meeting, *Koslow*  
4:30 p.m. Associate Vestry, *Moncrief\**  
6:30 p.m. Girls' Tuesday Night  
Fellowship, *Mosers' home*  
6:30 p.m. Great Books, *Koslow*

#### Wednesday, February 24

11:30 a.m. Organ Recital  
12:00 p.m. Noon Day Service  
12:00 p.m. Rector's Bible Study, *Postponed*  
12:30 p.m. Lenten Luncheon  
4:30 p.m. Vestry Mtg, *Koslow*  
7:00 p.m. St. Andrew's Choir, *Choir Rm.*

#### Thursday, February 25

9:30 a.m. Women's Bible Study-  
*Breaking Free,\* Moncrief*  
7:00 p.m. Greek Class, *Koslow*

#### Friday, February 26

10:00 a.m. Messenger Deadline

#### Saturday, February 27

#### Sunday, February 28

#### Second Sunday in Lent

8:00 a.m. Holy Communion  
9:00 a.m. Morning Prayer\*  
9:00 a.m. Preschool & K Sunday School\*  
9:15 a.m. Preschool & K Chapel,  
*Children's Chapel\**  
9:40 a.m. Grades 1-5 Sunday School\*  
10:15 a.m. Youth Confirmation Class  
(6<sup>th</sup> Grade),\* *Youth Rm. 4*  
10:15 a.m. Middle & High School Program,  
(7<sup>th</sup>-12<sup>th</sup> grades),\* *Youth Rm.*  
10:15 a.m. S.H.A.P.E. #4-Adult  
Education, *Moncrief*  
11:15 a.m. Morning Prayer/  
Holy Communion\*  
6:30 p.m. Guys' Night Fellowship,  
7-12th grade, *Youth Space*

\*Nursery Provided



**February 21:**  
Craig Sandberg  
David Brunette  
Chuck Tackett  
Ashton York  
Luke Scarborough

**February 22:**  
Richard Lawrence  
Doug Wright  
Zachary Becker  
Bobby Dowling

**February 23:**  
Susan Manning

**February 24:**  
Nan Nelson  
Dan Turner  
Leland Prowse

**February 25:**  
Lary Branham  
Cynthia Farquharson

**February 26:**  
Mike Frederick  
Mark Rankin  
Lisa Helm



*The greenery for Sunday, February 21  
is given to the glory of God*

*at the Church altar  
in honor of the  
fiftieth wedding anniversary of  
Bonnie & Don Goodwin*

### Wednesdays Lenten Series

Please join us Wednesdays during Lent for an organ recital at 11:30 followed by a Noonday Service and homily by guest preachers.

- ◆ **February 24<sup>th</sup>**  
The Rev. Dr. Joseph "Skip" Ryan
- ◆ **March 3<sup>rd</sup>**  
The Rev. David Houk
- ◆ **March 10<sup>th</sup>**  
Mr. William Murchison
- ◆ **March 17<sup>th</sup>**  
Mr. John Perkins
- ◆ **March 24<sup>th</sup>**  
The Rev. Canon Neal Michell

A light lunch will be served immediately following the service.

**You may access the Messenger  
on line at:**  
[www.st-andrew.com](http://www.st-andrew.com)

If you would prefer to receive the E-Messenger, please send email address to [prush@st-andrew.com](mailto:prush@st-andrew.com); include your name.

**The Messenger Deadline is  
Friday, February 19**

### Important Reminder

All events must be scheduled through LeAnn Rogers at [scheduling@st-andrew.com](mailto:scheduling@st-andrew.com), including events that are not held on the church premises. You must receive a confirmation from LeAnn to be assured of a reservation and before submitting any information to The Messenger.



on the death of  
**Daniel Hager**  
Grandfather of  
Karen Ferrer  
**February 12, 2010**

### Prayer Chain Reminder:

Names may be submitted weekly to Carrie Brent at **817-738-6496 by 8 p.m. Sunday evening.** Permission should be obtained before submitting the name of someone other than oneself.

**Saint Andrew's Episcopal Church**  
917 Lamar Street  
Ft. Worth, Texas, 76102  
817-332-3191, Fax: 817-332-9724  
Email: [church@st-andrew.com](mailto:church@st-andrew.com).

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The Rt. Rev'd Jack L. Iker, D.D. *Bishop*  
The Rev'd Dr. R. William Dickson *Rector*  
The Rev'd Richard Clark *Pastoral Care*  
The Very Rev'd W. N. McKeachie *Ministry Associate*  
Ms Candace Bawcombe *Chief Liturgical Officer*  
Peggy Rush *Editor*

### Mission Statement

St. Andrew's Episcopal Church exists to worship God in the beauty of holiness and in Spirit and truth; to win the lost to Jesus Christ and disciple every believer; to equip and empower every member for ministry; and to spread God's kingdom through charitable, righteous works locally and globally.